

## *Perceptions: An Overview*

This workshop explores how, in many situations, our perceptions of others are superficial and purely judgmental. Many times, we make our decisions on the basis of perceptions; which in some situations are wrong. As we learn how to move beyond these erroneous perceptions, we will learn that things aren't always as they appear on the surface. Many cultures have different methods of expression. By knowing and understanding some of these differences, we will be more open and prepared as we communicate with and learn how to respect differences in ourselves and others.

*From this workshop participants will learn to manage:*

- Physical and ability differences
- Cultural differences
- Language differences
- Racial and ethnic differences
- Doubt, fear and allow effective communication with others

*Participants will benefit by:*

- Increasing self-awareness
- Looking deeper into the souls of others, minimizing stereotypes
- Learning to step outside of the box and learning to except differences
- Empowerment being able to help others who lack this knowledge
- Breaking down walls and allowing open communication

*Here's what people said about LeCount Holmes's Perceptions workshop:*

I will never allow anyone's perception of me be my reality ever again.

*Student, Jackson Community College-Adrian, MI*

I learned that my perceptions of people aren't always accurate.

*Student, Jackson Community College-Adrian, MI*

The tone of his voice keeps you interested. The guy has lots of energy.

*K. Briggs, College of the Mainland, Houston, TX*

I didn't know what to expect when you began--But the outcome was fantastic!

*Student, Wayne State University, Detroit, MI*

This workshop was beyond my expectations. It was very inspiring and motivational. I learned to believe in myself and be true to myself as an educator.

*Student, Wayne State University, Detroit, MI*

I thought this presentation was very original. I was really interested and more importantly, educated.

*Patron, Ypsilanti District Library, Ypsilanti, MI*