

Maintaining a Positive Work Environment

We are exposed to a range of environments on a daily basis. Each setting brings forth different attitudes, beliefs and possibly reminds us of our personal baggage that we carry from situation to situation. This workshop is designed to assist you in dispensing with the non-productive or energy draining components of your environment and providing some productive mechanisms for use in your personal and professional settings. Changing your environment to reflect a more positive perspective will minimize stress, anger and lack of productivity.

From this workshop participants will learn to:

- Minimize stress and become more productive in the workforce
- Reach out to others and to develop lasting relationships
- Achieve higher standards
- Appreciate and honor their environment
- Realize an increased sense of purpose.

Participants will benefit by:

Learning to accept change

Looking at their environment in a positive way

Being able to interact with others at different levels and not devaluing others

Having freedom in their working space will allow positive energy to flow through them and others

Change is inevitable in a progressive society. Change is constant. --Benjamin Disraeli